



MASSAGES

SWEDISH

Therapeutic soft tissue manipulation to ease muscular tension and stress while providing deep relaxation and a sense of renewal.

60 mins	\$80 USD
90 mins	\$110 USD

DEEP TISSUE

Increases circulation, releases built-up toxins, and heals and restores balance to the body and nervous system.

30 mins	\$60 USD
60 mins	\$95 USD

MAYAN ABDOMINAL

A combination of Maya techniques, for the alignment of the uterus, painful periods, infertility and amenoria (Women Only)

60 mins	\$110 USD
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HOT STONE THERAPY

A relaxation massage with the use of hot stones that helps warm up tight muscles for an easier release of tension.

60 mins	\$120 USD
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BODY TREATMENTS

CACAO BODY SCRUB \$110 USD

This blend is designed to invigorate and energise the body. The antioxidant rich combination of Cacao, Vitamin E and its other ingredients rejuvenates the skin while stimulating blood flow for a more radiant appearance.

COFFEE SCRUB \$100 USD

Wonderfully rich and aromatic, this coffee scrub is specially formulated to exfoliate, deep clean, hydrate and nourish the skin. The antioxidants in coffee helps to reform elasticity in the skin decreasing the appearance of cellulite.

SUGAR ME HONEY \$95 USD

This signature scrub is designed to exfoliate, moisturize and clarifies the skin leaving a healthy glow.

All body scrubs are 1 hour and includes 30 mins scrub + 30 mins massage.



FACIALS

ANTI-AGING \$65 USD
Banana, Oatmeal and Aloe Vera Mask

HYDRATING \$55 USD
Honey & Oatmeal Mask

PROBLEMATIC SKIN \$55 USD
Honey & Cinnamon Mask

ALL SKIN TYPES \$65 USD
Yogurt & Lime Juice Mask

OTHER SERVICES

MANICURE \$30 USD
Our signature manicure shapes, buffs and glosses nails to a gorgeous finish using freshly made hand scrubs, lotion for your massage and a polish of your choice.

PEDICURE \$40 USD
Enjoy a warm foot bath, nail shaping, cuticle treatment, buffing, freshly made scrub for a gentle exfoliation. This experience concludes with a soothing foot massage using lotion and a polish of your choice.

Available by Appointment Only

Located at Falling Leaves Lodge
2 W Ford Young Drive,
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San Ignacio Town
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